

## 2018 Kooee Snacks Schools Cross Country Program

### PROGRAM GUIDELINES

**Team Size:** No minimum, and a maximum of 5 nominated members per team. Team members can be a mixture of age groups however Primary are to be separate from Secondary teams. A school may enter as many teams as they like. We encourage teams to provide a team name.

**Divisions:** The two divisions are - Primary and Secondary. To qualify for either, the student's must currently be attending Primary school (any grade) or Secondary school (Grades 7-12) or be of appropriate age and home schooled.

**Waiver:** A signed waiver is to be completed for every entrant prior to their first event of the season. Exceptions to this are club athletes that are already registered for the current season and those who register for the school series individually online prior to the first event.

**Age groups:** Primary: U7, U9, U11, U13. Secondary: U15, U17, U/20 (Male and female separate)  
(Age is as of 31<sup>st</sup> December 2018,) (i.e.) age the child is turning *this* year.

**Day:** Saturday

**Time:** 1pm start

**Distance:** Primary School races: 1.5km (except for first event where the U7 is 1km and Under 13 2km)  
Secondary School (Gr 7-12) races: 3km

**Events:**

- Round 1 – May 12<sup>th</sup> Carrick
- Round 2 – May 19<sup>th</sup> Georgetown
- Round 3 – May 26<sup>th</sup> Grindelwald
- Round 4 – June 2<sup>nd</sup> Heritage Forest
- Round 5 – June 9<sup>th</sup> Hagley
- Round 6 – June 16<sup>th</sup> Tailrace Park

Event Details: (including directions to the event and maps of the courses) are available on our website <http://newsteadathletics.org.au> under the heading 2018 CC Calendar DETAILED. Filter your Calendar Selection to Kooee Snacks – School Series

### **Prizes/Awards:**

**School prize:** The Primary and Secondary School with the most points will be awarded the perpetual trophies to display at their school for the 12 months.

**Age group winners:** Male and female (Top 3 will receive medals)

**Team competition:** Individuals in the Top 3 teams will receive medals and a team certificate.

- POINTS:** 1<sup>st</sup> place 20 points, 2<sup>nd</sup> 19 points and so on until 10<sup>th</sup> place onwards receive 10 points.
- Cost:** The cost per school team is \$50 (per team of 5) or \$10 per individual. This covers entry fees for all *six* Schools series events. Including FREE entry into the Northern All Schools event which is the first event of the season. Or \$5 for a single event
- School Payments:** School bulk payments can be via Direct Deposit to 067603 10373453, by cheque either posted or handed to our officials, or Cash are all acceptable. The Club can bill the school at the end of the series if that is required.
- Individual Payments:** If the school are not paying as per above, students have the option of paying prior to the first event [www.newsteadathletics.org.au](http://www.newsteadathletics.org.au) or cash at the first event
- Uniform:** Students representing their school team should wear their school sports attire. (School students registered with a club also have the option to wear their club uniform.)
- Club athletes:** Club athletes who also wish to run as part of a school team or as an individual can do so, but to score school points they will need to participate in the distance that is specified for the primary or high schools team event. The club will award these athletes 10 points towards their normal consistency division if it differs in distance to the school series event.
- Entry procedures:** Students should arrive in time to register and warm up for the event, 30 minutes prior to the scheduled starting time is advisable. Entries should be received no later than 15 minutes prior to the start of the race. You will receive a tag, which should be carried with you and presented to the finish line recorder after completing the event.
- Results:** See the Newstead Athletics Club website: [www.newsteadathletics.org.au](http://www.newsteadathletics.org.au)
- Closing dates:** Entries close on Friday 11<sup>th</sup> May 2018.  
Late individual entries WILL be accepted on the day for Round 1.  
Additional individual children may join any race in the series.
- Reminders & last minute event information:** <https://www.facebook.com/NewsteadAthletics/>
- Non-School Series events.** Whilst only 6 of the events form the schools series competition the club welcomes new runners. Students and parents are welcome to participate in all Newstead Athletics organized events. Events are held every Saturday throughout the season (April to September) and are an ideal opportunity to boost fitness for other events. Insurance via AT Club Membership will be required. If any of the family wish to participate in our cross country runs this year please feel free to contact the club to discuss your options.
- Presentations:** Will be made on the final day of competition at Tailrace Park.
- For further information and team/individual registration please contact Newstead Athletics Club: 0408 238 329 or email: [newsteadathletics@bigpond.com](mailto:newsteadathletics@bigpond.com)