



# YMCA SCHOOL HOLIDAY PROGRAM

## Term Three

### WEEK ONE

**Tiny Tots Playtime – (1-4yrs) Monday 1<sup>st</sup> & 8<sup>th</sup> October – 10:00am – 11:30am**  
Climbing, swinging, jumping, balancing, tumbling and lots more – Help your little one explore all the equipment and try new experiences in a safe and friendly environment.

#### Outdoor Adventures – Monday 1<sup>st</sup> October

Over to Kings Meadows High School today to make use of the sunshine and fresh air. Have you ever played scooterball? It involves a 2 wheeled scooter and a ball! Imagine riding along and trying to dribble and kick a soccer ball to a team mate or in to goals. This is going to be loads of fun but you will need to bring along your own scooter and own protective gear that you would normally use. We will also take the footy and have a kick and play some big group games in the outdoors.

#### WATER IT DOWN – Tuesday 2<sup>nd</sup> October

Let's try and make summer come quicker by getting out in the fresh air with a bit of water play. A few challenges and games of risk and chance that could make you the winner or get you dripping wet! You will need a towel, change of clothes and shoes that can get wet as this activity will be outside.

#### Trampoline & Mini Challenges – Wednesday 3<sup>rd</sup> October

Jump it high and jump it low, jump it sideways and don't bang your toe! All the bounce your legs can do in one afternoon. Along with our trampolines and everything else bounce we will have some simple but challenging tasks to earn points and take out a prize!

#### Fly as a Kite, High as a Bird & Free as a Frisbee! - Thursday 4<sup>th</sup> October

Today we will take a stroll over to the Kings Meadows High School and with some good winds enjoy some Kite flying. We are going to make some bottle rockets and possibly get a little wet as we fire them on the oval. I have so many Frisbee games that you will never believe the fun unless you are there.

#### Climbing Wall and Fitness Challenge (8yrs+) (max 15 children) – Thursday 4<sup>th</sup> October

Climb it up, up, up and then sail down, down, down. 3 different courses to test your skills, if you get skilful enough we might be able to race up the wall! We will have set fitness challenges for everyone to try and complete as much as possible throughout the afternoon.



- Please arrive no earlier than 15 minutes prior to an activity
- ALL ACTIVITIES FOR AGES 5 to 14yrs (unless specified)
- Bring a drink and snack to all activities
- ALL ACTIVITIES 2:00pm – 5:00pm (unless specified)



### WEEK TWO

#### YMCA MESS FEST – 10-15yrs ONLY – Monday 8<sup>th</sup> October

An afternoon just for the older ones. Today will give you a taste of what our HANG TIME program is like and more. We are going to make a mess so please come in clothes that can get messy (possibly stained) we will be outside so please think about your footwear as well. A battle with paint, flour and confetti is bound to be the highlight of this afternoon, along with some art using body parts as brushes. Ever played dodgeball with paint sponges? Now is your chance.

#### Gymnastics and Games - Tuesday 9<sup>th</sup> October

We will have lots of Gymnastics and lots of games followed by lots of gymnastics and lots of games... We love our gymnastic skills and we love teaching and learning new tricks with everyone. Come in for some fun with the ropes, rings, bars, floor, beam and more!

#### Climbing Wall and Chill (8yrs+) (max 15 children) – Tuesday 9<sup>th</sup> October

Going up and down and across the YMCA's outdoor Climbing wall. There are 3 different tracks and loads of fun to be had. This will be a chilled afternoon of motivation and encouragement for all. We will also get some time to chill out and use the outdoor trampoline, our attic space with foosball, air hockey, electronic game and spyder pong.

**Cost Per Session**  
Members Fee: \$17.50  
Non-Members Fee: \$22.50

**CLIMBING WALL FEES**  
Members Fee: \$25.00  
Non-Members Fee: \$30.00

#### F.R.I.E.N.D.S – Flip-Ride- Investigate-Escape-Noise-Dodge-Surprise - Wednesday 10<sup>th</sup> October

A day for FRIENDS! Bring a friend or make some new ones while you're here. We will dedicate time to all these topics which can only mean a jam packed afternoon with loads to keep you entertained. The possibilities are endless, just like the fun.



## Payment must be made at time of booking

### ENROLMENT DETAILS:

#### Parents / Guardians Details:

Surname ..... First Names .....  
Home Address ..... Suburb ..... Post Code .....  
Postal Address ..... Suburb ..... Post Code .....  
Telephone (Home)..... (Work) ..... (Mobile) .....  
Email address .....

#### Emergency Contact: (not a parent, needs to be a friend or relative etc.)

Name .....  
Telephone (Home)..... (Work) ..... (Mobile).....

**Consent Details (Please name another person – not named above – who is authorised to collect your child/ren from our Centre.)**

Name ..... (Ph) .....

<b><u>Child (1): Surname</u></b> .....	<b><u>Child (2): Surname</u></b> .....
<b>First Names</b> .....	<b>First Names</b> .....
<b>Date of Birth</b> ..... / ..... / .....	<b>Date of Birth</b> ..... / ..... / .....
<b>Gender:</b> Male / Female	<b>Gender:</b> Male / Female

**Activity Dates Attending ie: 01/10; 02/10**

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#### **Medical History (Allergies; Insect Stings; Penicillin; Asthma; Diabetes etc)**

### **Safeguarding Children**

At the YMCA of Launceston, we recognise that all children and young people have the right to develop and reach their potential in environments that are caring, nurturing and safe. We follow clear policies and practices that aim to keep children and young people who participate in our programs and services safe. To view our policies, visit [www.ymcalaunceston.org](http://www.ymcalaunceston.org) or enquire at reception.

**Parent / Guardian Statement:** I agree to the above person(s) attending the YMCA Activities and will not hold the YMCA, its staff or volunteers responsible for any/or loss of property and/or accident. I also give my permission for medical/ambulance assistance in case of emergency and agree to pay such costs incurred. I understand that the YMCA School Holiday Program fees are non-refundable, but transferrable. I give my permission for my child/ren to be transported to and from the YMCA Centre for activities planned either by foot or with Sanity's Coaches or YMCA Car when required. (In the case of an emergency or incident the YMCA Holden Colorado F30HA may be used to transport your child if necessary) The YMCA reserves the right to alter programs at any time.

**Name**..... **Date**..... **Signature**.....

Office Use:

Date:

Method of Payment:

Amount Received:

Staff Signature