

School Holiday Programme – October 2018

Bookings essential – info@pcyclaunceston.org.au. All sessions \$10 unless noted. Terms and Conditions Apply.

Monday

Tuesday

Wednesday

Thursday

Friday



Mon 1st & 8th - KinderGym
1-5 yrs - 9:30-10:15



Tue 2nd & 9th Gymnastics
5-12yrs - 9:30-10:30



Wed 3rd - Indoor Soccer
9:30 – 6:00



Thur 4th Gymnastics
5 – 12yrs- 9:30-10:30



Fri 5th – Theatre Skills
10:00-12:00



Mon 1st & 8th - Tumbling
5-9 yrs 10:30, 10 yrs + 11:30



Tues 2nd Drawing Animals
12:00 – 2:00



Wed 10th – Taiko Drumming
10:00 - 12:00



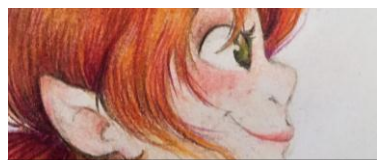
Thur 4th – Table Tennis Tournament
12:00-2:00



Fri 5th – Air Hockey Tournament
1:00-3:00



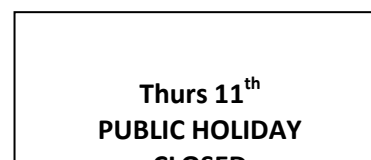
Mon 1st & 8th - Trampoline
5-9 yrs 1:30, 10yrs+ 2:30



Tues 9th Cartooning
12:00 – 2:00



Wed 10th – Brady's Abseil
9:00, 11:30 & 2:00



**Thurs 11th
PUBLIC HOLIDAY
CLOSED**



Fri 12th Mt Direction Hike
9:00-3:00 - \$20



Mon 8th - Rock n Roll
4:00 – 6:00 pm



Tues 2nd & 9th Indoor Climb
2:00-4:00



Wed 3rd & 10th Indoor Climb
2:00-4:00



Thurs 4th - Indoor Climb
2:00-4:00



Fri 12th Warrior Wipe Out
12+ years - 11:00-2:00

KinderGym - Monday 1 & 8 October – 9:30 – 10:15

KinderGym provides a fantastic opportunity for children and parents to play and learn together; developing gross and fine motor skills, building confidence, and learning through play.

Tumbling - Monday 1 & 8 October - 10:30 (5-9 years) & 11:30 (10+ years)

Tumbling is a fast-paced acrobatic sport that combines gymnastics and trampolining skills down a 25 meter air floor. Introductory classes for boys and girls develop strength, agility, coordination, flexibility and motor skills.

Trampolining - Monday 1 & 8 October – 1:30 (5 – 9years) & 2:30 (10+ years)

This introductory trampolining class for boys and girls develops strength, agility, coordination, flexibility and motor skills while having fun and making new friends. Your child will have fun, learn aerial awareness and trampoline safety.

Gymnastics - Tuesdays 2 & 9 October, Thursday 4 & 11 October – 9:30 - 10:30

This introductory gymnastics class for boys and girls develops strength, ability, coordination, flexibility and motor skills while having fun and making new friends. Your child will learn handstands, cartwheels, balance, jumps and rolls.

Indoor Rock Climbing – Tuesday, Wednesday, Thursday both weeks – 2:00 - 4:00

Come and challenge yourself on our indoor, 8m high climbing wall. There are seven challenging climbs, all set by the National Route Setter. All abilities and all ages.

Taiko Drumming – Wednesday 10 October – 10:00 – 12:00

This form of percussion involves power, grace and is great for coordination, focus, team work and gives the brain a fantastic ‘two sided’ workout. Come and experience the wonders of this ancient drumming.

Rock n Roll Dance – Monday 8 October – 4:00 – 6:00

Come and learn how to Rock n Roll dance and get your boogie on with the classic four piece local band Skooterz. Rated 2nd most popular international or interstate band by Rock n Rolls news magazine.

Table Tennis (Thursday 4th) and Air Hockey (Friday 5th) Tournament

Come and try your skills at our sudden death tournaments. Each winner will play another in the next round, until the final match-up. Come and play for the championship titles.

Abseiling @ the Brady's Lookout – Wednesday 10 October – 9:00, 11:30 & 2:00

School Holiday Adventure - Abseiling at the picturesque Brady's Lookout. Three sessions available, limited places. 12 and under must be accompanied by a parent willing to participate if necessary. Meeting at Brady's Lookout car park.

Mt Direction Hike – Friday 12 October 9.00-3.00

Join PCYC for a hike up Mt Direction and explore the old ruins. Meet at PCYC at 9:00 where you will then travel by bus to Mt Direction, returning at 3:00pm. 12 and Under must be accompanied by an adult. Bring a drink bottle, comfortable sturdy shoes and lunch. \$20

Drawing Animals – Tuesday 2 October – 12:00 – 2:00

Learn how to capture the heart and soul of your favourite animals with local artist Amelia Hickey. You will learn form, structure and composition as well as shading either in black and white or colour pencils.

Cartooning – Tuesday 9 October– 12:00 – 2:00

Have you ever wanted to create your very own cartoon character? Come and expand your talents and skills with local artist Amelia Hickey. Amelia will guide your mind in the practice of cartooning, no matter what your experience.

Indoor Soccer – Wednesday 3 October – 9:30, 12:00 & 4:00

Futsal (indoor soccer) clinics are designed to develop and improve ball skills, techniques and knowledge of Futsal. Each age group is offered a 2 hour training clinic, with some reserved time to play a small game of Futsal.
9:30 - 11:30 - Under 9s; 12:00 - 2:00 - 9-12 years; 4:00-6:00 – 12years+

Warrior Wipe Out – Friday 12 October – 11:00 – 2:00

Warrior Wipe Out is an action-packed challenge for the most adventurous type. Participants will compete against each other whilst attempting Launceston's most extreme obstacle challenge. Who will take out the title? Parents are welcome to compete too. Ages 12+

Theatre Skills - Friday 5 October – 10:00 – 12:00

Theatre Skills provides a great mix of games, skill development, and script work. During the morning session, students will develop a sense on ensemble through theatre sports and skill development games, developing their sense of body in time and space.

