

**Dolly Bhargava from Behaviour Help Pty Ltd (ABN: 74612728275)
Presents**

**Achieving Practical Positive
Solutions Workshop Series
To Enhance the Lives of the People
We Support**



Dolly Bhargava is a Speech Pathologist with a Masters in Special Education. She has over 20 years of experience in providing positive, realistic and practical solutions to children, adolescents and adults who have emotional and behavioural difficulties in early childhood, school, family homes, prisons, accommodation and community settings. She has authored and developed a number of insightful books and apps, including America's National Parenting Publications Award Winner 'Taking CHARGE of my Rainbow of Emotions'. She has recently developed an innovative App and Book Series, 'Behaviour Zen'. Behaviour Zen aims to systematically guide educators, parents and professionals to assess- prevent- manage challenging emotional and behavioural responses in individuals with Anxiety Disorders, Conduct Disorder, Autism Spectrum Disorder, Oppositional Defiant Disorder and Attention Deficit Hyperactivity Disorder. Please visit www.behaviourzen.com for more information. New website www.behaviourhelp.com coming soon!

So come along to hear a range of practical and interactive workshops that provide an expert blend of information, skills and strategies that will educate, empower and enable you to be the CHANGE in the lives of the people you support.

Workshop Title	When?	These practical and interactive workshops will address the following:
<input type="checkbox"/> Supporting Individuals with Autism Spectrum Disorder	<p>DEVONPORT 05/03/20 (9am – 3pm)</p> <p>HOBART 19/3/20 (9am -3pm)</p> <p>LAUNCESTON 25/3/20 (9am -3pm)</p>	<p>- Introduction to Autism Spectrum Disorder (ASD)</p> <p>-Social, emotional, motor, cognitive, sensory, communication needs of individuals with ASD</p> <p>-Strategies to address the needs and</p> <p>-Develop their skills at school, home and in the community</p>
<input type="checkbox"/> Developing Emotional Regulation Skills in Individuals with Anxious, Oppositional and Aggressive Behaviours	<p>DEVONPORT 06/03/20 (9am – 3pm)</p> <p>HOBART 20/3/20 (9am -3pm)</p> <p>LAUNCESTON 26/3/20 (9am -3pm)</p>	<p>-Development of emotions</p> <p>-Understanding anxious, oppositional and aggressive behaviour</p> <p>-Effectively responding to anxious, oppositional & aggressive behaviour</p> <p>-Developing emotional regulation skills at school, home and community</p> <p>- Understanding compassion fatigue and caring for ourselves</p>

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REGISTRATION INFORMATION

Who?	Parents, Foster Carers, Early Childhood, Primary and Secondary Educators, Disability Staff and Professionals
Where?	Devonport Community House, 10 Morris Avenue Devonport Hobart Discovery INC. Philip Smith Centre 2 Edward Street Glebe Tailrace 1 Waterfront Drive Launceston
Register	Email form to dolly@behaviourhelp.com or call 0423 293 254

PLEASE TICK WORKSHOP TITLE/S	COST INC GST	PARTICIPANT NAME/S
Supporting Individuals with Autism Spectrum Disorder <input type="checkbox"/> Devonport 5/3/20 <input type="checkbox"/> Hobart 19/3/20 <input type="checkbox"/> Launceston 25/3/20	<input type="checkbox"/> \$165	
Developing Emotional Regulation Skills in Individuals with Anxious, Oppositional and Aggressive Behaviours <input type="checkbox"/> Devonport 6/3/20 <input type="checkbox"/> Hobart 20/3/20 <input type="checkbox"/> Launceston 26/3/20	<input type="checkbox"/> \$165	

Organisation name: _____

Email Address: _____ **Phone Number:** _____

PAYMENTS METHODS

Invoice If you would like an invoice please email dolly@behaviourhelp.com

Credit card TRYBOOKING LINKS

Payment

Devonport Autism <https://www.trybooking.com/book/event?eid=599526&>
 Devonport Emotional <https://www.trybooking.com/book/event?eid=599565&>
 Hobart Autism <https://www.trybooking.com/book/event?eid=599567&>
 Hobart Emotional <https://www.trybooking.com/book/event?eid=599570&>
 Launceston Autism <https://www.trybooking.com/book/event?eid=599574&>
 Launceston emotional <https://www.trybooking.com/book/event?eid=599576&>